



**Chwefror
2024
February**



Ein Swyddfa,
11 Cambrian Place
Aberystwyth SY23 1NT
Secretary - Eirwen James
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Open to members on Mondays
and Thursdays 10-1pm.

Gair gan y Cadeirydd / Chairman's Message,

The new **WI Learning Hub** was launched on 24th January 2024 replacing Denman at Home. It offers a wide range of educational opportunities and courses that are flexible, varied and designed to suit each WI member. Take a look today by going on the NFWI website or the SyM Ceredigion WI Facebook page. Don't hesitate to ask if you need any help.

Enjoy your learning journey

Gay Evans

WI Posters - You have received your promotional posters for the Recruitment Drive. May we suggest that you hold an open evening in January or February and invite non-members from your village or town. Are there any craft events or fairs where you could partner with a neighbouring WI on a stall? Ein Swyddfa has promotional material which you could use. We may be able to offer practical help by coming out to assist you.

NFWI Resolutions shortlist 2023/24. Time to vote.

1. Dental Health Matters
2. Impacts of Poor Housing conditions
3. Say 'no' to gambling advertising
4. Improving outcomes for women in the criminal justice system

Further information is available in your WI Life and on MyWI. **One member - one vote.** Please submit the number of votes for each resolution to Ein Swyddfa by phone, form or e-mail. Closing date, Sunday, February 11th at the latest. The votes will be counted on Monday 12 January and sent to NFWI on the same day.

CLIMATE CHANGE DAY Aberaeron Memorial Hall, Thursday February 15th. 10.30am - 3pm.

Entry fee £5 to include soup at lunchtime. The session will open with a relaxing session of armchair yoga.

Speakers - Ru Hartwell talking about his 'Climate Change shops' initiative:

Katie Medhurst - carbon capture by upland bogs.

Lee Cox - the role of trees in helping to offset the problems of climate change.

Lowri Price – NFU Cymru - Policy Adviser.

This event is grant supported by the Natural Heritage Fund, NFWI Office - Federations of Wales. Please return form to Ein Swyddfa by Monday, 5th February. Cheques made payable to CFWI.

NFWI Wales Conference – Theatr Brycheiniog, Brecon. Thursday 4 April 2024. One day visit.

Please choose your activity on the enclosed form immediately.

Morning Conference (in person) £10. Morning Online Conference - £5. Group viewing online - £20.

Afternoon activities - Sing-along; Mindfulness and Meditation; A Historical Walk around Brecon - £5 extra.

Online conference and introduction to British Sign Language total -£10. The Acrylic painting session will not require you to bring anything, as all painting materials, canvases, protection equipment etc. will be provided at an additional charge of £20 per person (so £25 in total). Cheques to be made payable to CFWI. Coach cost to be confirmed.

The morning guest speakers at the Wales Conference will be Ann Jones, NFWI Chair and Ffion Fielding, Project Manager for the Women's Peace Petition Project a topic which has featured heavily in the press and social media over the last year.

Annual Meeting Royal Albert Hall – There are some in-person tickets still available for this event at £28 each. Please contact Ein Swyddfa. Online ticket registration must be booked before May 30th

<https://www.eventbrite.co.uk/e/684700978057?aff=oddtcreator>

DARTS - As there are insufficient teams entered to form a League, we will be holding an evening knock-out competition on Tuesday 23 April 2024, White Swan, Llanon at 6.30pm.

2024-2025 Membership Subs The WI subscription from 1st April 2024 - 31st March 2025 will be **£48 per member**. Your WI keeps the £23.60 portion. CFWI share £11.30. NFWI share £13.10. WIs continue to have the flexibility to decrease the amount they charge for their own WI share if they choose. Please return subs to Ein Swyddfa made payable to CFWI or by BACS by **Tuesday April 30th** at the latest.

ROYAL WELSH SHOW STAND preparation - Decorating and embroidering felted pebbles in a Workshop held by Beti Wyn Davies, Friday March 8th 2pm – 4pm at Llanfarian Hall. Bring your own embroidery materials, beads and threads. Please forward your expression of interest to cfwi.creativeskills@gmail.com.

International Women’s Day Walk will be held in Aberaeron on Friday 8th March, 2024.

Long walk from Llanerchaeron Car Park 10.15am start. **Short walk** - Meet at the Aberaeron Yacht Club at 11.15am and the others will join you. After a walk around the harbour the Harbour Master Hotel a lunch somewhere in town is possible. Please just turn up for this event. Donations will be collected for HAHAV, a volunteer led charity that provides support to people in Ceredigion living with incurable or life-limiting illnesses.

The Ceredigion Web Page The Trustees have started to update our Ceredigion web page. You can now access the Federation Newsletters and we have started to build pages for the Federation Teams. Links in to our Rally (Schedule etc) - Craft workshops etc to follow. <https://ceredigion.thewi.org.uk> Our WI pages require the same makeover. We need willing people (no experience necessary - training and support will be given) to put a Welcome text and your Programme onto your site. This web page is an important part of recruitment. When new people come to our County they look us up. Look up your WI Click the link above and then Find a WI. cfwi.membership@gmail.com

SPRING EVENT April 27th 2 – 5pm. Entry £3. All four groups are coming together this Spring for a fun afternoon out in Llwynycelyn Hall. Your Group Conveners will contact you with further details of stalls and line-dancing entertainment.

Advance notice of Cookery classes for Spring Rally 18th May 2024, Llanrhystud Village Hall

4 Savoury Muffins

Meringue Roulade

A small jar of Lemon Curd

4 Chelsea Buns

Rhubarb Tart. Pastry top and bottom. Not exceeding 8” in diameter

Round fat-free Chocolate Sponge using whisk method. Not exceeding 7” in diameter

Advance notice of Floral Art classes for Spring Rally 18th May 2024.

4” x 4” (11 x 11cm) exhibit, height in proportion, incorporating a small jug

9” x 9” (23 x 23cm) A posy of flowers suitable for a birthday gift

12” x 12” (31.5 x 31.5cm) height in proportion, exhibit for the 2024 Olympic Games No florist foam.

15” x 15” (39 x 39cm) height in proportion, exhibit incorporating a photo frame

18” x 18” (45.7 x 45.7cm) height in proportion, exhibit depicting a film

Geoff Thomas Cup: Pot of mixed planted herbs no larger than 12” (31.5cm) square.

Class 1 Co-operative Competition. Entry Fee: £2.50. One entry per WI.

Theme: “A Welsh Myth or Legend”

See Rally schedule.

General Knowledge Quiz will be held on Friday 21st June, 2024. The WI teams coming first and second in the Federation Quiz will represent Ceredigion at the Inter-federation Quiz on Friday 12th July. There will be more details of these events in the next Newsletter.

200 Club 1. Daphne Pollak, Tregaron WI £20; 2. Bethan Williams, Wig & District WI £15; 3. Eleanor Evans, Aberaeron WI £10

Climate Change Day	Thursday February 15th	Aberaeron Memorial Hall
International Women’s Day Walk	Friday 8th March	Aberaeron
Wales Conference - Brecon	Thursday April 4th 2024	One day visit
Darts Knock-out	Tuesday 23 April	cfwi.creativeskills@gmail.com White Swan, Llanon
Spring Rally	Saturday 18 May	Llanrhystud Village Hall
NFWI Annual Meeting, London	Wednesday 5th June	Royal Albert Hall. (CFWI trip June 4-6)
General Knowledge Quiz	Friday 21 June 2024	
Inter-federation Quiz	Friday 12 July	

Membership subs form / Spring Rally Schedule 2024