



**Ionawr
2026
January**



Calennig

Ein Swyddfa,
11 Cambrian Place
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Secretary - Eirwen James
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Open to members on Mondays
and Thursdays 10-1pm.

Message from the Chair / Gair gan y Cadeirydd,
Blwyddyn Newydd dda – Happy New Year to you all.

The Christmas Singalong in November was such a joyful event with the WI choir leading and really got those attending in the mood for Christmas. One thing is for sure – the WI loves karaoke! The Board and Sub-Committees are now busy planning a full programme of events for the coming year and we are especially looking forward to hosting the NFWI Wales Conference in Aberystwyth. Details of how to get tickets are below. On a sadder note, Capel Seion WI has now been suspended and it is hoped that those members will move to neighbouring WIs. I look forward to meeting you at CFWI events during the course of 2026.

Gay Evans

A **Supreme Court decision** clarified that the legal definition of a woman under the Equality Act refers only to biological sex assigned at birth and not gender. To be able to continue operating the Women's Institute under the single sex exemption we must act in accordance with the judgment and restrict formal membership to biological women only.

This change is only to our membership policy and does not change our firm belief that transgender women are women. You have been sent a Q&A document but if you have any further questions please contact Inclusion@NFWI.org.uk

If you are approached by members of the press we ask that you pass them on to NFWI pr@NFWI.org.uk

'Meet The Board' – Saturday January 24th at 2 - 4pm. Each WI President has been sent an invitation to attend this 'Meet the Board' Event at the Feathers Hotel, Aberaeron. An opportunity to catch up with the latest WI updates and seek answers to your questions.

This invitation is for the President plus any members who wish to attend.

Form to be returned by Friday, January 16th.

Ceredigion Federation is hosting the NFWI-Wales Conference 2026

at The Great Hall, Aberystwyth Art Centre, University Campus, Thursday 26 March 2026.

Entry £15. An all-day event 10.45am - 4pm with a break for lunch.

Speakers: Pam Beedan, NFWI Vice-Chair

Julie Starling, Clinical Out of Hospital Cardiac Arrest Manager for Wales

Ann Jones, High Sheriff of Dyfed

Dame Elan Clos Stephens, Non-Executive Director of the BBC Board since 2017. Past interim Chair of the BBC, Electoral Commissioner for Wales and Pro-Chancellor of Aberystwyth University National Library of Wales (name to be confirmed).

Short lunchtime craft demonstrations offered free of charge. Save a Life Cymru – CPR training sessions. Please return the booking form and payment by BACS or WI cheque to Ein Swyddfa by **Thursday, January 29th 2026.** Packed lunch available by pre-booking £7.50.

(If any of your members have volunteered to steward, their tickets will be dealt with separately.)

Would you like to steward at the NFWI Wales Conference, 26th March? Please contact Ein Swyddfa by phone-call (Mondays and Thursdays) or e-mail by **Thursday January 8th** if you are interested. There will be morning and afternoon sessions to cover. Some shifts may involve an amount of standing and there may be steps to navigate. There are also seated responsibilities e.g. selling the raffle, selling items at the sales table. There are still a few stewarding spaces left.

Wales Conference CFWI Sales Table - If you wish to sell your own good quality craft items at the Wales Conference please contact Ein Swyddfa by **Thursday January 8th** to arrange bringing in a sample of your work for consideration. Items to be sold at a 60/40% split.

Resolution Vote - Each individual member should decide which resolution you would like to see go forward to the next stage. Please vote for the one resolution you wish to support. Details on MyWI and in your copy of WI Life. WIs should send the yellow voting slip recording each individual member's vote to Ein Swyddfa no later than **Friday, February 6th**.

1. Accessible public toilet facilities to promote dignity, health, and social inclusion
2. Action on women's homelessness
3. Nearer to Nature
4. Love Your Vulva – Self checking is your best defence against vulval cancer
5. Every child needs a friend

Food Hygiene qualification – In the New Year we will be offering assistance with online food hygiene training. Please e-mail Lesley Jones if you are interested. (see contact book)

Treasurers - the Federation want to assist all WI treasurers wherever possible. Please complete and return the enclosed form. This will enable us to identify what help (if any) is required and to set up support sessions where needed.

Women's Health and Wellbeing Day – Thursday, February 19th at 10.30am - Aberaeron Hall. Opening with armchair yoga followed by four interesting speakers to be confirmed. Home-made soup and bara brith will be provided at lunchtime. **£10 per person.** Please return the form to Ein Swyddfa along with payment by cheque made payable to CFWI or by BACS marked 'WHWD' by **Monday 9th February.**

Spring Rally -The theme for the co-operative competition at this event is -
'Circles,Rings and All Things Round'.

International Women's Day Walk, on Friday, March 6th, along Cors Caron / Tregaron Bog at **10.30am.** Donations will be received for HAAV, Hospice at Home. Meet at the Car Park on the B4343 SY25 6JF. (This post code covers a wide area.) Grid reference SN692 625. Members will meet for lunch after the walk at Y Banc, Tregaron.

UNESCO City of Literature – To celebrate Aberystwyth's status as UNESCO City of Literature we aim to hold a WI Eisteddfod early in the year. More information to follow.

NFWI Annual Meeting - CFWI Watch Party - Thursday 4th June at Theatr Mwldan 1, Cardigan.
Closing date – Monday 25th May, 2026. Cost per person – £5.

Speakers to date - **Professor Michele Dougherty** CBE FRS FRAS, Leader of un-manned exploratory missions to Saturn and Jupiter. Principal Investigator of the magnetometer instruments on board the Cassini mission to Saturn and the European Space Agency's JUpiter ICy moons Explorer (JUICE) launched in April 2023.

Anne Boden MBE, Fellow of Swansea University, BSc - Founder of Starling Bank, the UK's leading digital bank, following a long career in global banking technology.

8 delegates from Ceredigion Federation of WIs are invited to participate in the Resolution voting process and carry votes for their Link WIs. Delegates will be provided with a free entry ticket and support for travel. WIs invited to send delegates are as follows – Aberaeron WI; Ciliau Aeron WI; Cross Inn WI; Custard Queens WI; Felinfach WI; Llangwryfon WI; Llanilar WI; Penparcau WI. Further details to follow.

2026 Contact book – Please return your lilac Annual Report Form to Ein Swyddfa so not to cause delay in the printing of the new contact book.

200 Club December- 1. Shelagh Yeomans, Llanddewi Brefi WI £20; 2. Lisa Tilley, Cenarth WI £15; 3. Mary Mc Glynn, Swyddffynnon WI £10

'Meet the Board'	Sat, January 24th 2026	Feathers Hotel, Aberaeron
Women's Health and Wellbeing Day	Thurs, February 19th	Aberaeron Memorial Hall
International Women's Day Walk	Friday, March 6th	Cors Caron – Tregaron Bog
Wales Conference 2026	Thurs, March 26th	Great Hall, Aberystwyth Art Centre
NFWI Annual Meeting 2026-Watch Party	Thurs June 4th	Theatr y Mwldan, Cardigan
CFWI General Knowledge Quiz	Friday June 19th	Llanfarian Village Hall.

Included in this mailing – Treasurer's Questionnaire