



**Tachwedd**

**2025**

**November**



Ein Swyddfa,  
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Open to members on Mondays  
and Thursdays 10-1pm.

### **Message from the Chair / Gair gan y Cadeirydd,**

The Annual Council Meeting at the Feathers Hotel Aberaeron was a fantastic event with Georgie Grasso winner of the 2024 Great British Bake Off an inspiration, giving an insight of her time on the show and sharing her plans for the future. Deian Benjamin of Gwin a Mwy explained his passion as a wine critic and his TV appearances. We also had the opportunity to sample a selection of his recommended wines which proved very popular.

**Congratulations / Llongyfarchiadau** to Aberaeron WI on their centenary and Llanilar WI which was also established in 1925. Nikki Hadlow was presented with her WIA certificate – well done! The Chairman's Award was presented to Llanddewi Brefi WI and the Phyllis Eldridge Sports Shield went to Capel Seion WI. The vote to release the Restricted Denman funds was passed unanimously. My thanks to the Board of Trustees for their hard work over the past year especially retiring Trustee Dinah Gibbons who has dedicated so much to CFWI over the years. Diolch i chi i gyd am eich cefnogaeth.

November is the month for Remembrance and we will have our poppy display in Aberystwyth as well as placing a poppy wreath at the Aberystwyth commemorations.

### **Gay Evans**

**WI Constitution booklet** - Every WI has been given a printed copy of the Constitution passed in June free of charge from CFWI. Further guidance on how to run your WI can be found in the WI Handbook which is on MyWI.

**Autumn Rally – Saturday, November 8<sup>th</sup>. Rhydypennau Village Hall.** Entry forms to be returned by post by **Monday, 3<sup>rd</sup> November 2025**. WI cheque made payable to CFWI to accompany the form please and sent to the Rally Secretary: *Margaret Griffiths, Rhydyccerrig, High Street, Borth, SY24 5HY. (01970 871056)* Entries by e-mail to arrive by Thursday, 6<sup>th</sup> November to: [cfwi.creativeskills@gmail.com](mailto:cfwi.creativeskills@gmail.com) BACS payment please. (Please do not send e-mail entries without BACS confirmation).

**Resolutions** - NFWI have released the Short List 2025-2026.

There are five resolutions to consider and vote for the one you would like to see go forward to become a campaign. These resolutions will be discussed in more detail and debated on at our **Resolution Meeting on Saturday 15<sup>th</sup> November 2025, 10 – 12, at Trinity Church Hall, Aberaeron**. The date has been changed from January to give WIs more time to hold their own meeting and vote before the deadline at the beginning of February. This free event has proved popular with members in the past and we hope as many of you as possible will attend to join the debates and air your views.

- 1. Accessible public toilet facilities to promote dignity, health, and social inclusion** - This resolution is a call for accessible, clean, free public toilets which are fundamental to inclusion and well-being, especially for women, older people, disabled individuals, parents and carers. It invites WI branches to take meaningful action—through advocacy, partnership, and community engagement—to support local authorities and civil society in reversing the closure trend and ensuring dignity for all.
- 2. Action on women's homelessness** - The NFWI echoes the calls of homelessness charities and urges all levels of government to take action to reduce women's homelessness, reduce the number of women at risk of homelessness, and improve the quality of temporary accommodation. We call on WI members to support homelessness organisations in their communities and campaign to ensure that all women have a place they can safely call home.
- 3. Every child needs a friend** - We call on all WI members, the care system, and government to raise awareness of the independent visitor system for children in care in order to increase the number of volunteer Independent Visitors and the children in the care system who are befriended by them. We want every child in care to be offered the opportunity to have an adult figure in their life who chooses to spend a few hours a month with them.

**4. Love Your Vulva – Self checking is your best defence against vulval cancer** - Self-checking your vulva is important in ensuring the earlier detection of vulval cancer and to enhance survival chances. We call upon WI members to work together to raise awareness of the importance of self-checking and seeking medical advice as early as possible, and, to help highlight this rare cancer to GPs to promote prompt referrals to medical specialists when needed.

**5. Nearer to Nature** - There is a growing body of evidence that getting closer to nature is of great benefit to physical and mental health as well as to the environment. This is called 'green health'. We call on WI members to work locally to improve access to local green spaces and support others to access it too. We call on health promotion services to increase public awareness of the use and benefits of 'green health', and health and care commissioners to support 'green social prescribing' in every GP practice.

**Vigil to highlight Violence against Women at the Aberystwyth Bandstand.**

**Saturday 22<sup>nd</sup> November 2pm.** Organised by CFWI and three other local organisations: West Wales Domestic Abuse Service, Dewi's Choice and New Pathways. Speakers include Joyce Watson MS and Ben Lake MP. Refreshments will be available. Finally, weather permitting, there will be a parade along the Promenade where Banners that you have made can be displayed.

**Christmas Singalong:** A happy prelude to the Christmas season to be held at Aberaeron Memorial Hall on **Sunday 30 November at 2pm.** A programme of Carols, Christmas songs with the WI Choir and an amusing sketch. Served with tea and Mince Pies and concluding with audience participation. Entrance **£5** to pay at the door but please return an indication of numbers on the enclosed form to be returned to Ein Swyddfa by **Thursday, November 20<sup>th</sup>.**

**2026 NFWI-Wales Conference - Thursday 26<sup>th</sup> March** - The Great Hall, University Campus, Aberystwyth  
Speakers - Pam Beedan, NFWI Vice-Chair.

Julie Starling, Clinical Out of Hospital Cardiac Arrest Manager for Wales.

Ann Jones, High Sheriff of Dyfed.

Dame Elan Clos Stephens, Non-Executive Director of the BBC Board since 2017 and past interim Chair of the BBC, Electoral Commissioner for Wales and Pro-Chancellor of Aberystwyth University.

National Library of Wales (name to be confirmed).

**10.45am - 4pm** with a break for lunch.

**Would you like to steward at the NFWI Wales Conference, 26<sup>th</sup> March?** Please contact Ein Swyddfa by phone-call (Mondays and Thursdays) or e-mail if you are interested. There will be morning and afternoon sessions to cover. Some shifts may involve an amount of standing and there may be steps to navigate. There are also seated responsibilities eg selling the raffle, selling items at the sales table. We may need to draw names from a hat if there are more names than spaces.

If you wish to sell your own good quality craft items at the Wales Conference sales table please contact Ein Swyddfa as soon as possible to arrange bringing in a sample of your work for consideration.

**'Meet The Board'** – Saturday January 24<sup>th</sup>. Each WI will be sent an invitation for their President and any number of members to attend this 'Meet the Board' at a venue to be confirmed. An opportunity to catch up with the latest WI updates and seek answers to your questions.

**Did you know** – It is the responsibility of every WI MCS representative to update the MCS, especially after your AGM. Please regularly add your new members to your list.

**200 Club October** 1. Maxine Aziz, Llanddewi Brefi WI £20: 2. Neris Lloyd, Aberaeron WI £15: 3. Hazel Rimmer, Llanilar WI £10. (A cheque for £441 was transferred to the Property Maintenance Fund at the ACM.)

<b>Autumn Rally</b>	<b>Sat 8<sup>th</sup> November</b>	Rhydpennau Village Hall
<b>Resolution Meeting</b>	<b>Sat 15<sup>th</sup> November</b>	Trinity Church Hall, Aberaeron 10am - noon
<b>VIGIL</b>	<b>Sat 22<sup>nd</sup> November</b>	Bandstand, Aberystwyth.
<b>Christmas Singalong</b>	<b>Sun 30 November</b>	2pm Aberaeron Memorial Hall.
<b>'Meet the Board'</b>	<b>Sat 24 January</b>	Venue TBC
<b>Wales Conference 2026</b>	<b>Thurs March 26, 2026</b>	Aberystwyth Art Centre.
<b>NFWI Annual Meeting 2026-Watch Party</b>	<b>Thurs June 4, 2026</b>	Theatr y Mwldan, Cardigan

Included in this mailing – The Annual Report Form to be filled and returned after your AGM along with your signed financial report form. Please keep a copy.